

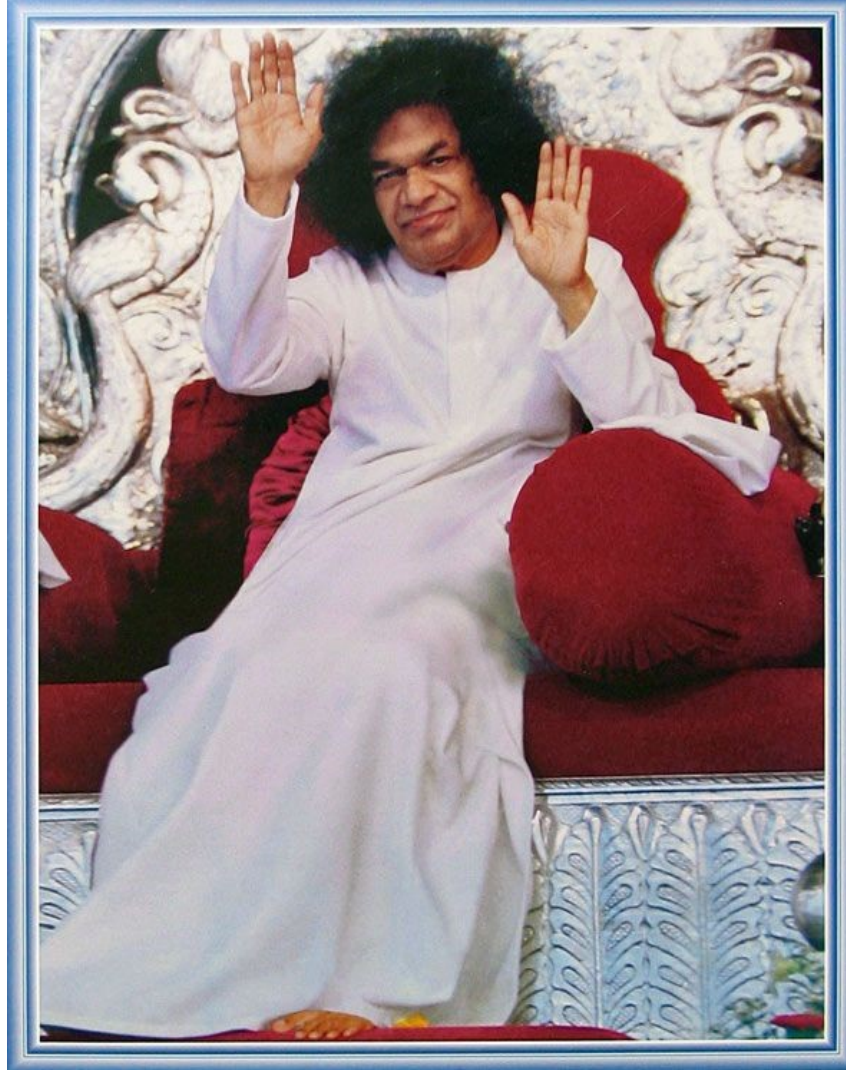
**Om Sri Sai Ram**



**94th Birthday Celebrations of Bhagawan Sri Sathya Sai Baba**

**Sathya Sai Center of South Bethesda**

**Sadhana Program**



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# Om Sri Sai Ram



**Sathya Sai Center of South Bethesda**  
**94th Birthday Celebrations of Bhagawan Sri Sathya Sai Baba- Sadhana Program**  
<http://bethesdaicenter.org>

This year you have named My birthday the "Golden Jubilee" of the Avatar (Divine Incarnation), and gathered in vast numbers from all parts of the world. I am sure you have benefitted by the sathsang (holy company). I do not ascribe one particular date in the calendar as My birthday, for I consider the day when divinity blossoms in your heart as My birthday in you. Therefore each of you should individually celebrate such a day as My birthday. ***The day when you resolve to practise My advice, to follow My directives, to translate My message into acts of service, and to engage in sadhana—that day is My birthday for you.*** The 23rd day of November which you now honour as the day on which I was born, is only like any other day if you celebrate it in a routine, ritual fashion. Adore man; the adoration reaches Me. Neglect man; you neglect Me. Of what avail is it to worship the Lord and to suppress man, His counterpart? Love for God must be manifested as love for man, and love must express itself as service. Through love alone—Love acquired through sadhana, and shared with all as sadhana—can peace be attained, by the individual as well as by the nation. My Life is My Message and My Message is Love. That explains why you have gathered hither in hundreds of thousands.

**Sathya Sai Speaks, Vol. 13 Ch. 19, November 23, 1975**

Sai Sravan Cherukuri ([bethesda.president@gmail.com](mailto:bethesda.president@gmail.com)), Veda Viswanathan ([bethesda.vp@gmail.com](mailto:bethesda.vp@gmail.com)), Prasad Betadpur ([bethesda.devotion@gmail.com](mailto:bethesda.devotion@gmail.com)), Jayantha Ray ([bethesda.service@gmail.com](mailto:bethesda.service@gmail.com)), Imani Gonzalez ([bethesda.education@gmail.com](mailto:bethesda.education@gmail.com)), Rahul Ramnath ([bethesda.yarep@gmail.com](mailto:bethesda.yarep@gmail.com))

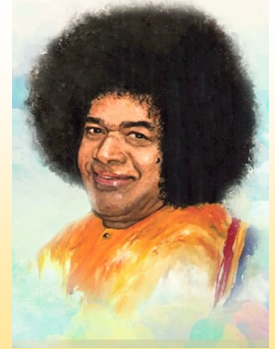
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## SADHANA

## Activities



### Devotional Wing

1. Sathya Sai Avatar Declaration Day Celebration **Sunday, October 20**-Fifth Samarpan talk by **Dr. Balu Karanam**

2. One with Sai- program by the Alumni of the Sri Sathya Sai Institution-**Sunday, November 3**

3. Global Akhanda Bhajans-**Saturday, November 9 to Sunday, November 10 at the Lotus Temple, VA**

4. Ladies Day Celebrations-**Sunday, November 17.**

5. 94th Birthday Celebrations of Bhagawan Sri Sathya Sai Baba-**Saturday, November 23.**

**Bhajans and Samarpan talk by Dr. Mayur Pandya**

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## SADHANA Activities

SSE Wing

1. **Saturday, October 12**, hands-on Workshop on “**Importance of Farming and Purpose of Gleaning**” for all SSE Students at Miller Farms, Clinton, MD

2. **Sunday, October 13**, Workshop by Dr. Veda Viswanathan for Gr.3 and 4 Boys and Girls on “**Sense Control for Success**” - Tools and Techniques for Life Application

3. **Global Akhanda Bhajans**-Saturday, November 9 to Sunday, November 10 at the Lotus Temple, VA. SSE children to offer bhajans on **Sunday, November 10**.

4. **Sunday, November 17**, Prepare meals for children at “ **Helping Hands Center**” by SSE Gr.3 and 4 Boys and Girls

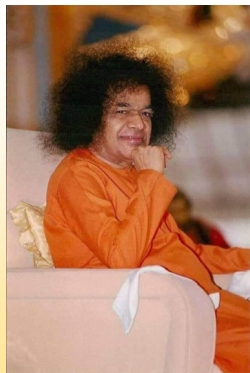
5. **Sunday, December 15**, SSE Fair – “**Hear our Voices (Inner)**” by all SSE students

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## SADHANA

## Activities

Seva Wing

October, 2019

1.Center Eyeglass Seva-Saturday, October 5. Team Lead: Ida Davis

2.Center Narayana Seva-Saturday, October 12 & 19. Team Leads: Kiran Kanipakam & Sukla Lakshman

3.Hands-on workshop- Knitting Baby Hats-Sunday, October 13. Team Lead: Sai Sree Cherukuri

4.Donation of Shoes to Rukundo International-Saturday, October 13. Team Lead: Meena Chandrasekar

5.Collection of clothes-Sunday, October 13 and 20. Team Lead: Viswanath Ragupathy

6.Collection of items for P3 Service Activity at Thomas Pyle MS -Sunday, October 13, Team Lead: Teja Vangala.

7. Blanket distribution in and around Washington DC-Saturday, October 26. Team Lead: Kiran Kanipakam

8.Collection of items for ECHO-Sunday, October 27. Team Lead: Beth Clark

November, 2019

1.Donation of clothes at National Children's Center-Friday, November 1. Team Lead: Viswanath Ragupathy

2.Blanket distribution -DC parks and shelter-Saturday, November 30. Team Lead: Kiran Kanipakam

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3. **Eye Glass Service** at Arlington, VA-**Saturday, November 2.** Team Lead: **Ida Davis**

4. **Donation of Books** at Gaithersburg Elementary School and Maryland Book Bank-**Monday, November 4** and **Wednesday, November 6.** Team Lead: **Usha Maddineni.**

5. **Seva activities** at Global Akhanda Bhajans-**Saturday, November 9 to Sunday, November 10—SV Lotus Temple, VA**

6. **Narayana Seva** at DC parks and shelter-**Saturdays, November 9 and 16.**

Team Leads: **Kiran kanipakam and Sukla Lakhsman**

7. **Ladies Day Service** at 14030 Natia Manor Dr, North Potomac, MD 20878-**Saturday, November 16.**

Team Lead: **Sai Sree Cherukuri.**

8. Distribution of winter **care kits** for needy people at DC parks and shelter-**Saturday, November 16.**

Team Lead: **Jayanth Ray**

9. **Collection** of items for **P3 Service Activity** at Thomas Pyle MS -**Sunday, November 17,** Team Lead: **Teja Vangala.**

10. Service Activity at **Manna Food Center-Thursday, November 21.** Team Lead: **Amit Ahuja**

11. Dinner Service at **Montgomery County Coalition For The Homeless (MCCH)-Friday, November 22.**

Team Lead: **Jayanth Ray**

12. Breakfast Donation at **Helping Hands Center-Saturday, November 23.** Team Lead: **Sunitha Gangappa**

13. **Swami's 94th Birthday celebrations** -Saturday, November 23. Bethesda Food Coordinator: **Visalakshi Kota**

14. Donation of born **baby hats** at **MedStar Harbor Hospital** at Baltimore -**Sunday, November 24.**

Team Lead: **Sai Sree Cherukuri.**

15. Food Donation for **NIH Children's INN-Monday, November 25.** Team Lead: **Deepa Srikumar.**

16. Donation to **ECHO -Tuesday November 26.** Team Lead: **Beth Clark.**

17. Service Activity at **Comfort Cases (National Center)-Monday, November 25.** Team Lead: **Mohan Kumar HG.**

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